

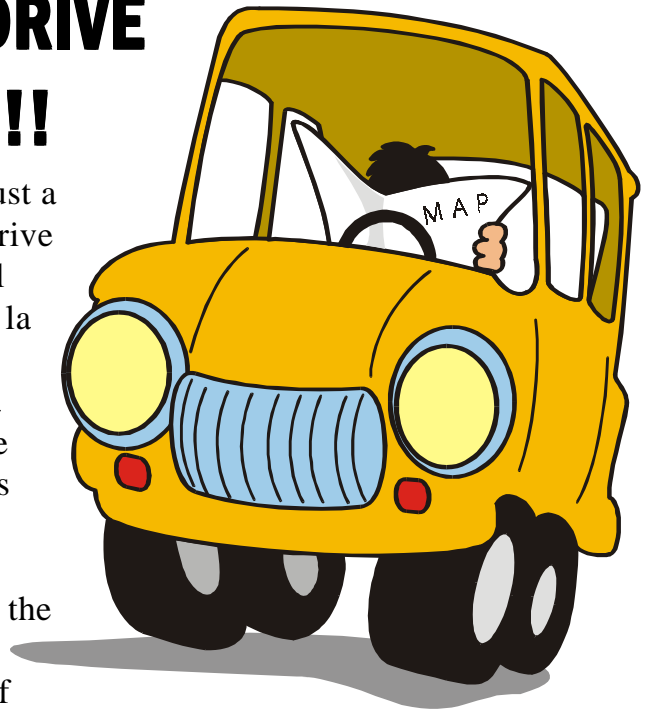
RSVP Spotlight

A Newsletter of the Retired & Senior Volunteer Program

July - August 2001

GET IN GEAR . . . AND DRIVE FOR A GOOD CAUSE!!!

Could YOU deliver hot meals once a week for just a few hours to some isolated seniors who do not drive and are dependent for a nutritious meal on social service agencies like Meals On Wheels, Meals a la Car, California Emergency Foodlink, and other agencies involved in feeding seniors? There is a growing number of seniors who need this service to be able to live independently in their homes as long as possible. Other agencies need drivers to get seniors to doctors appointments, etc. Please call RSVP at 875-3631 for information about all the agencies. The volunteer opportunities vary considerably in terms of areas served, the type of services provided, and the benefits to the volunteer.



BE SURE TO - check the list, enclosed with this newsletter, of RSVP volunteers who are celebrating 5, 10, 15, and 20+ *anniversary* years of volunteering. Have YOU been accidentally left out? **PLEASE let us know AS SOON AS POSSIBLE!!!!** Call 875-3631 to report a correction! Remember that you can call at any hour of the day and leave a Voice Mail message. Also read the criteria for a “year of service” included with the list of names.

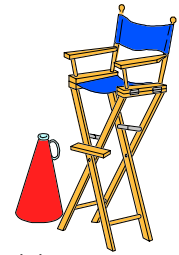


MARK THIS DATE - SEPTEMBER 20TH - for an elegant event commemorating RSVP's 30th Birthday and recognizing our many volunteers. We are aiming to make this *extra special!* Agency representatives will be invited too!

NEW VOLUNTEERS

- ▶ **Edward Abbott**
Cooley School - Roseville
- ▶ **Rita Abbott**
Cooley School - Roseville
- ▶ **Bob Ash**
Cirby School - Roseville
- ▶ **Pat Brandl**
KVIE, and Youth Guidance Connection
- ▶ **Helen Clester**
Eskaton TLC Program
- ▶ **Les Cohen**
Ombudsman Services
- ▶ **Cheryl Engel**
Effie Yeaw Nature Ctr., Sac. Tree Foundation, and Capitol Public Radio
- ▶ **Judy Gallardo**
Camellia City Center
- ▶ **Leo Mayer**
Eskaton TLC Program
- ▶ **Leonard Roger**
Triple "R" Program
- ▶ **Tosha Theveos**
Eskaton TLC Program

From the Director



Dear volunteers & Agency Reps:

Final plans are being made for the annual recognition event scheduled for September 20th. It's going to be a party and it's going to be fun! It is time to celebrate your volunteer service to the community and RSVP's 30th year in Sacramento.

We would like to welcome two new RSVP Advisory Council members. Joyce Mickel has been volunteering in the RSVP office for about a year working with agencies. She has also organized volunteers for the City of Sacramento's Utility Tax Rebate Program. Lillian Nelson is the Coordinator of Volunteers and Interns at KVIE Channel 6 and a board member of DOVIA, Directors of Volunteers in Agencies. We welcome both of you to the Advisory Council and we know that with your experience you will be an asset to the Council, RSVP and the volunteers.

Agency Reps - Just a reminder to please send in your MOU's to RSVP. Thank you.



The volunteer opportunities featured in this issue of the Spotlight are a small sample of the large selection available at the RSVP office. Contact us at 875-3631

NOTE TO OUR VOLUNTEERS!

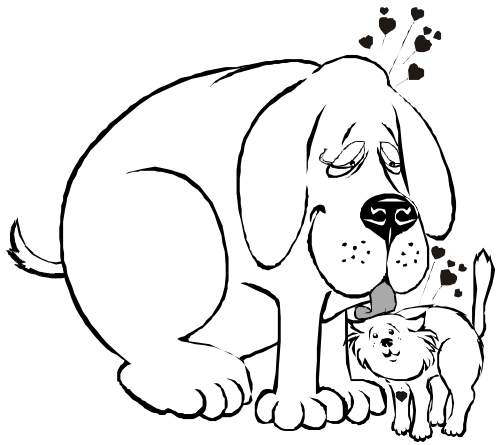
1. A supervisor's signature on a time sheet is only necessary if you are getting help with transportation reimbursement. Your signature is always needed.
2. You can send in your time sheets every two months when you get the County envelope in your newsletter.

ELK GROVE SENIOR CENTER needs drivers for their new van to pick up seniors and bring them to the Center on Sharkey Avenue for lunch. *Please call RSVP for a referral.* It is a fun way to help keep some seniors from becoming isolated.

TAX ASSISTANCE AIDES - It sounds early, but it isn't. If you would like to help seniors prepare their taxes next January to March (2002) the **AARP TAX ASSISTANCE PROGRAM** needs to know about you now so they can invite you to training this fall. *Call RSVP for contacts.*



ALZHEIMER'S ASSOCIATION (located at 2222 Watt Avenue) still hopes to find office assistants on week days AM or PM. It is a very nice working environment.



PUPPY LOVE RESCUE is a new agency listed with RSVP. It should get an award for the Cuddliest Name! The mission is to rescue animals and get them into foster homes and then adopted by loving families. After meeting these animals at an adoption site people must apply to adopt them and their applications are thoroughly checked out before any adoptions occur. If you would like to help them in any way or the **Sacramento SPCA**, please call RSVP to see what their volunteer needs are.

It takes 1000's of volunteers to keep everything working at **LOAVES AND FISHES** on 12th Street in Sacramento. Can you give some time on a regular basis? Call Jan Romero at 446-0874 to get their current needs.

The **SENIOR LEGAL HOTLINE** is still looking for "Outreach/PR volunteers" who can "conceptualize what needs to be done and work semi-independently in the public relations area. Ability to communicate verbally and on paper as well as liking a challenge is important."

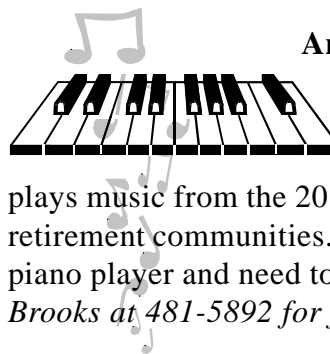
Do you live in **RANCHO CORDOVA**, or anywhere for that matter? RSVP would like to talk to you about assisting in a very special school – **White Rock Elementary** on White Rock Road. Both principal, staff, and students will welcome you! Fall and the start of school comes quickly so let us know now that you are interested. Call RSVP.



Another new agency with RSVP, **A TOUCH OF UNDERSTANDING** is a disability awareness program designed for children and adults. They are looking for enthusiastic team members who want to increase awareness, understanding, and respect for people with disabilities. Volunteer opportunities include:

- ❖ Sharing insights and experiences about being disabled with children and adults.
- ❖ Assisting in activity centers.
- ❖ Fundraising.
- ❖ Drivers to get disabled speakers to their speaking engagements which are usually in schools.

Please call RSVP for referral information.



Are you a piano player?

Your talent is sought by a trio (Lou-Bob-A-Lu Trio) that sings and plays music from the 20's, 30's, 40's and 50's for retirement communities. They are loosing their piano player and need to find another. Call Lou Brooks at 481-5892 for further information.

You have a "Golden Opportunity" to be an educational assistant at the new **GOLDEN STATE MUSEUM** at 10th and O Streets. The **Statehood Workshop** gives a background on how California became a state. The **Time of Remembrance Workshop** combines information on the Japanese internment experience with lessons on citizenship and the Constitution. Find out more details at an Open House for Volunteer Educational Assistants on Tuesday, July 31st, 10:30 to Noon. Call Kelly Bitz at 653-5864 for further information.

RSVP Needs... HELP!

- ❖ Volunteers to help us put on our big Recognition Event in September. We can use your creative talents or just plain HELP!
- ❖ Writers of volunteer profiles.



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ANNOUNCEMENTS



✓ **CONGRATULATIONS to WILLIAM REECE** who was named on April 17, 2001 as the **SHERIFF'S DEPARTMENT VOLUNTEER OF THE YEAR**. Mr. Reece, a volunteer at District 6 Service Center, received this award for the whole county which includes nine service centers. We are impressed!

✓ **A great living opportunity exists** for a retired couple (or single) with horse background to live free of charge (indefinitely) in a 2 bedroom/ one bath mobile home in Elk Grove on the grounds of **PROJECT RIDE** (which provides therapeutic riding instruction to handicapped children and adults). Tasks include feeding hoses and arena maintenance. *Call 685-7433 for more information.*

✓ RSVP has free copies of *Sacramento's Senior Guide 2001* which may be picked up at the office at 3727 Marconi Avenue. *Call Infoline at 498-1000 to find a location closer to you.*

✓ See the insert page about the **Healthy Aging 2001 Summit at the Sacramento Convention Center on October 15 -16**. Do not miss it!

✓ Our continuing and grateful **THANK YOU'S to KCTC** (1320 on your AM Dial) and **Murtos Graphics** for their support of volunteerism in Sacramento.

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